



## Shelter

- 1 House of Charity, 32 W Pacific Ave
- 2 The Way Out, 55 W Mission
- 4 Trent Resource and Assistance Center, 4320 E Trent Ave
- 5 UGM for Men, 1224 E Trent Ave
- 6 Truth Ministries for Men, 1910 E Sprague
- 7 Hope House for Women, 318 S Adams
- 8 UGM for Women & Children, 1515 E Illinois Ave
- 9 Crosswalk for Teens, 525 W 2nd Ave
- 11 Family Promise Families, 2002 E Mission
- 12 Family Promise Infant Shelter, 227 E Mission

## Drop-In Day Centers

- 9 Crosswalk for Teens, 525 W 2nd Ave
- 13 Women's Hearth, 920 W 2nd Ave
- 14 Cup of Cool Water, 1106 W 2nd Ave
- 19 Compassionate Addiction Treatment, 168 S Division
- 35 Recovery Cafe, 622 E 2nd Ave

## Free Meal Sites

- 5 Union Gospel Mission, 1224 E Trent
- 9 Crosswalk for Teens, 525 W 2nd Ave
- 14 Cup of Cool Water, 1106 W 2nd Ave
- 17 Shalom Ministries, 518 W 3rd Ave
- 36 City Gate, 170 S Madison

## Mental Health and Addiction Treatment

- 19 Compassionate Addiction Treatment, 168 S Division
- 20 Peer Spokane, 425 W 1st Ave
- 21 Inland NW Behavioral Health, 104 W 5th Ave
- 22 Spokane Treatment & Recovery Services, 105 W 3rd Ave
- 23 Frontier Behavioral Health, 107 S Division St

## General Resources

- 25 Spokane Housing Authority, 25 W Nora Ave
- 26 WorkSource Spokane, 130 S Arthur St
- 27 CHAS Health Clinic, 1001 W 2nd Ave
- 28 Central Library, 906 W Main Ave
- 29 Providence HoC Outreach Clinic, 32 W 2nd Ave
- 30 SRHD Syringe Services, 1101 W College Ave
- 31 Spokane Police Department, 710 W Riverside

## Homeless Housing Coordinated Entry

- 10 Youth & Young Adult Coordinated Entry, 3104 E Augusta
- 32 SNAP, 212 W 2nd Ave
- 33 Catholic Charities, 975 E North Foothills Drive, Bldg A
- 34 Goodwill HEN, 130 E 3rd Ave



- COORDINATED ENTRY**
- GENERAL RESOURCES**
- MENTAL HEALTH & ADDICTION TREATMENT**
- DROP-IN DAY CENTERS**
- FREE MEAL SITES**
- SHELTER INFORMATION**

## Downtown Spokane Homeless Resources Pocket Guide

If you are having an emergency, call 911

### Call 211 for additional resources

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| <p><b>Spokane Housing Authority</b><br/>25 W Nora Ave<br/>509-328-2953</p> <p><b>WorkSource Spokane</b><br/>130 S Arthur St<br/>509-532-3120</p> <p><b>CHAS Health Clinic</b><br/>1001 W 2nd Ave<br/>509-444-8200</p> <p><b>Providence HoC Outreach Clinic</b><br/>32 W 2nd Ave<br/>509-626-9825</p> <p><b>SRHD Syringe Services</b><br/>(Established Clients)<br/>1101 W College Ave<br/>509-324-1686</p> <p><b>Spokane Valley Homeless Resources</b><br/>509-720-5048</p> <p><b>Spokane Police Department</b><br/>710 W Riverside   509-625-4100</p> | <p><b>24 hour Regional Crisis Line</b><br/>877-266-1818</p> <p><b>Domestic Violence</b><br/>509-326-CALL</p> <p><b>LCS 24/7 Crisis Line for Crime Victim Advocacy</b><br/>509-624-7273</p> <p><b>Veteran's Hotline</b><br/>509-828-2449</p> <p><b>Street Medicine Team</b><br/>509-993-8940</p> <p><b>Regional Shelter Schedule</b><br/>509-720-1618</p> <p><b>Spokane Transit Authority</b><br/>509-325-RIDE</p> <p><b>Crime Check</b><br/>509-456-2233</p> <p><b>Central Library</b><br/>906 W Main Ave<br/>509-444-5300</p> |
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### GENERAL RESOURCES

## Homeless Housing Coordinated Entry

- SNAP**
- Single adults and couples without children  
M, T, W, F 8:30 - 4:30 (Closed Daily 12:00 - 1:00)  
212 W 2nd Ave - Walk in only  
509-456-7627
- Catholic Charities**
- Families with children  
T - Th 8:00 - 3:00
- 975 E. North Foothills Drive, Bldg A - Walk in only  
509-325-5005  
hfca.access@sternwa.org
- Volunteers of America**
- Youth 13-18, Young adults 18-24  
M-F 9:00 - 5:00  
3104 E Augusta - Walk in only  
509-990-0519
- Goodwill HEN**
- Individuals receiving ABD  
M-F 8:00 - 11:00  
130 E 3rd Ave - Walk in only  
509-838-4246

## Shelter Information

Real-time shelter capacity can be found at [sheltermespokane.org](http://sheltermespokane.org)

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| <p><b>Trent Resource and Assistance Center (TRAC)</b><br/>Men and Women   24/7<br/>4320 E Trent Ave<br/>509-824-1415</p> <p>Transportation Request<br/>509-280-6894<br/>509-280-3908</p> <p><b>House of Charity</b><br/>Men and Women<br/>(Men-only for sleeping)<br/>32 W Pacific Ave<br/>509-624-7821</p> <p><b>UGM for Men</b><br/>1224 E Trent Ave<br/>509-535-8510</p> | <p><b>The Way Out Salvation Army</b><br/>Men and Women<br/>Call for Information<br/>509-866-6486</p> <p><b>Truth Ministries for Men</b><br/>Men 18 &amp; over<br/>8pm to morning<br/>1910 E Sprague<br/>509-456-2576</p> <p><b>Hope House for Women</b><br/>Women 18+   24/7<br/>(call at 8am)<br/>318 S Adams<br/>509-816-1669</p> <p><b>UGM for Women &amp; Children</b><br/>1515 E Illinois Ave<br/>509-535-0486</p> | <p><b>YWCA Shelter for Domestic Violence</b><br/>509-326-2255</p> <p><b>Crosswalk for Teens</b><br/>Teens 13-17   24/7<br/>525 W 2nd Ave<br/>509-688-1112</p> <p><b>Family Promise Families</b><br/>2002 E Mission<br/>509-723-4663</p> <p>Infant Shelter (newborns &amp; parent)<br/>Call for services<br/>227 E Mission<br/>509-723-4663</p> |
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## Drop-In Day Centers

Warming and cooling center updates at [my.spokanecity.org/hazardsheltering](http://my.spokanecity.org/hazardsheltering)

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| <p><b>Women's Hearth Women</b><br/>920 W 2nd Ave<br/>509-455-4249</p> <p><b>Cup of Cool Water</b><br/>Men &amp; Women 14-24<br/>1106 W 2nd Ave<br/>509-747-6686</p> <p><b>Recovery Cafe</b><br/>Inquire about free membership<br/>Tues-Fri 8:30am to 4:30pm<br/>622 E 2nd Ave   509-960-8529</p> | <p><b>Compassionate Addiction Treatment</b><br/>168 S Division   509-919-3362</p> <p><b>Crosswalk for Teens</b><br/>Teens 13-17<br/>525 W 2nd Ave   509-838-6596</p> <p><b>VOA Young Adult Shelter</b><br/>Young Adults 18-24<br/>9:00am to 5:00pm<br/>3104 E Augusta   509-990-0579</p> |
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## Mental Health and Addiction Treatment

Text the Connect Helpline at 509-960-8529 to be connected to resources

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| <p><b>Compassionate Addiction Treatment</b><br/>168 S Division   509-919-3362</p> <p><b>Inland NW Behavioral Health</b><br/>24/7   Accept walk-ins<br/>104 W 5th Ave<br/>509-992-1888 inpatient<br/>509-992-1301 outpatient</p> | <p><b>Spokane Treatment &amp; Recovery Services</b><br/><a href="http://spokanerecovery.org">spokanerecovery.org</a><br/>105 W 3rd Ave<br/>509-570-7235</p> <p><b>Peer Spokane</b><br/>425 W 1st Ave   509-867-3778</p> |
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## Free Meal Sites

	Site	Days	Times
Breakfast	Crosswalk for Teens	Every Day	9 - 9:30am
	Cup of Cool Water	Mon - Fri	10am
	Shalom Ministries	Mon - Thurs	7:30am - 8:30am
Lunch	City Gate	Tues - Sat	8am
	Crosswalk for Teens	Every Day	12pm
	Cup of Cool Water	Mon - Fri	1:00pm
Dinner	Union Gospel Mission	Every Day	12pm
	City Gate	Tues - Fri	11:30am
	Crosswalk for Teens	Every Day	6 - 6:30pm
	Union Gospel Mission	Every Day	6pm
	Shalom Ministries	Mon & Tues	4:30 - 5:30pm

## Food\* and Clothing^ Banks

- \*^Our Place | 1509 W College Ave | 509-326-7267
- \*^Off Broadway Family Outreach | 2225 W Mallon | 509-998-2630
- \*^City Gate | Call for days/times | 170 S Madison | 509-455-9670
- \*Salvation Army Food Bank | 222 E Indiana | M-F 9am-4pm | 509-325-6810
- \*SAN Food Pantry | F, 9am-2pm | 715 E Sprague #115 | 509-844-1758
- \*Community Center @ All Saints | F, 10am | 310 Spruce St | 509-624-8634